



2023 Recap

@TheSOARCollective logo above an illustration of 3 women wearing dresses

# 2023 HIGHLIGHTS

## 1 WE DESERVE BETTER

In collaboration with our comrades at Survivors Know, we conducted an assessment that yielded responses from 265 advocates. To share the findings, we hosted a 3-part virtual summit.

## 2 PODCASTS & PRESENTATIONS

In addition to the We Deserve Better summit, we facilitated 5 workshops for over 100 anti-violence professionals, and were featured on 2 podcasts.

## 3 GROWING OUR COMMUNITY

We more than doubled the membership of our Discord community and Instagram followers. Our online community allows us to connect with advocates around the world.

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2) Podcasts & Presentations: In addition to the We Deserve Better summit, we facilitated 5 workshops for over 100 anti-violence professionals, and were featured on 2 podcasts.

3) Growing Our Community: We more than doubled the membership of our Discord community and Instagram followers. Our online community allows us to connect with advocates around the world.

# WE DESERVE BETTER

At the end of 2022, Survivors Know & The SOAR Collective **administered a survey to learn about the experiences of anti-violence advocates.** We were thrilled to receive 265 responses from 33 U.S. states and territories.

We then **hosted a three-part virtual summit** in April, June & July. Our goal was to unite advocates, explore the findings, and collectively develop recommendations and solutions.



We are so **grateful** to everyone who shared their stories with us, participated in the summit, and helped spread the word.

A full **report** with recommendations will be available in spring 2024.

Learn more at [www.wedeservebetter.work](http://www.wedeservebetter.work)

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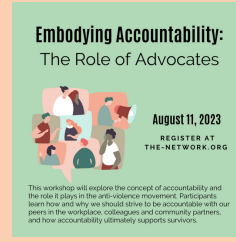
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Instagram post graphic highlighting the dates of the summit

# PRESENTATIONS



## We facilitated 5 workshops for over 100 anti-violence professionals:

- Building Thriving & Sustainable Anti-Violence Workplaces
- Embodying Accountability: The Role of Advocates
- Honoring Boundaries & Creating Psychological Safety
- Statewide Staff of Color Affinity Group
- Should I Stay or Should I Go? Navigating Burnout as Advocates

"Thanks SOAR for championing such important topics about & for advocate wellbeing. I feel so supported!"

- MESSAGE FROM WORKSHOP PARTICIPANT -

Presentations:

3 Instagram posts promoting workshop presentations

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## PODCAST EPISODES



**We were lucky enough to be featured on two fantastic podcasts.** During both episodes, we were able to highlight some of the key findings from the We Deserve Better assessment and make recommendations about how anti-violence leaders can create better working conditions for advocates.

Podcast Episodes:

2 screenshots from the RAFT podcast and "Come Get Your White People" podcast

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COMMUNITY @THESOARCOLLECTIVE GROWING OUR COMMUNITY @THESOAR

# GROWING OUR COMMUNITY

Instagram allows us to connect with advocates all over the world. **In just two years, we've gone from less than 100 followers to nearly 1000.**

## 384

NEW FOLLOWERS

## 7,094

LIKES & REACTIONS

## 15.6k

ACCOUNTS REACHED

IT'S OK TO HAVE COMPLICATED FEELINGS ABOUT THE ANTI-VIOLENCE MOVEMENT

you can love what you do  
**AND** be burned out

you can hate your boss  
**AND** be grateful they hired you

you can want to burn down the system  
**AND** continue to work within it

@thesoarcollctive

ADVOCATE CHAT

Do you want to connect with other advocates?  
Is there no one at your organization you feel you can trust to confide in?  
Are you looking for support?

You're not alone.

We've created a free group chat for anti-violence advocates to support one another

@thesoarcollctive

THE WEAPONIZATION OF "ASSUME THE BEST INTENTIONS" IS ROOTED IN WHITE SUPREMACY

@thesoarcollctive

We host Advocate Chat, a free connection space on Discord. Advocates can create an anonymous account to vent, ask questions, and share resources. **We doubled our membership from last year** and the chat was active 60 days this year.

### Growing Our Community:

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- 7,094 likes and reactions
- 15.6k accounts reached

### 3 example Instagram posts

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# WHAT'S NEXT?

We look forward to our continued **collaboration** with organizations and individuals who are working to create thriving anti-violence organizations.

This spring, we plan to launch the **We Deserve Better website and report**, which includes resources and actionable recommendations for advocates, organizational leaders, funders, and TA providers.

We've already started planning a few **trainings** and offerings for this summer and fall, and hope to get to connect in-person with folx at **conferences**.



## THANK YOU

From the bottom of our hearts, thank you to everyone who has supported us this year. We can and we will create change together. - T, D, & J

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